

## THE AMSLER GRID

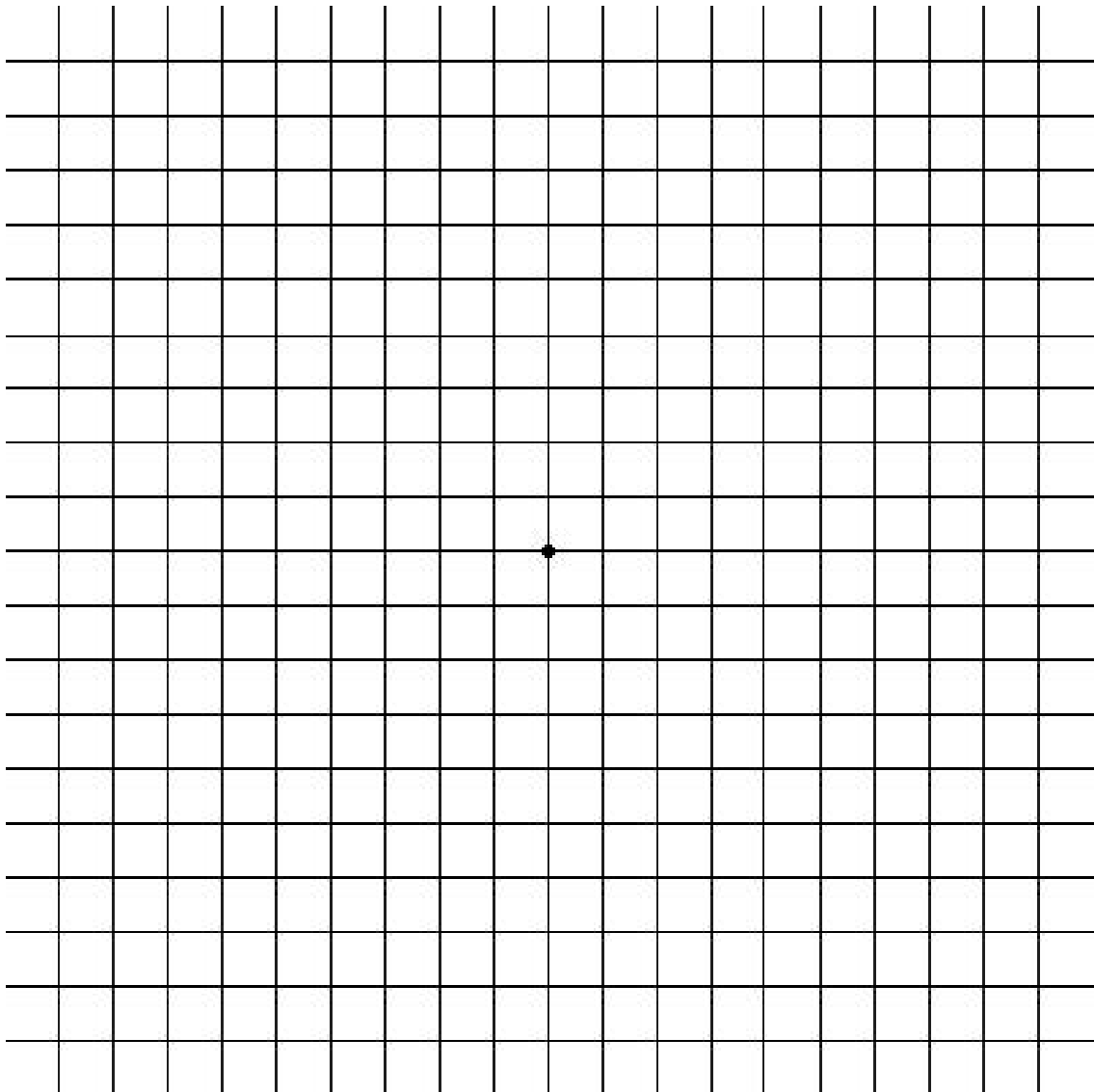
This test is frequently given to patients for home use to monitor macular degeneration.

Hold the grid 14 inches from your face. While one eye is covered and you are staring at the center dot, ask yourself the following questions about the grid:

- Do you see any wavy lines?
- Are there any holes or missing areas?

If the lines of grid do not look straight or areas appear to be missing, your doctor will need to exam your macula very closely.

**Use this grid daily to monitor for AMD.**



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