

## **Andropausal Symptoms for Women** **(Testosterone Deficiency)**

1. Decreased Libido
2. Difficulty achieving orgasm
3. Diminished sensation in the female sexual area
4. Decrease energy
5. Increased Fatigue- feeling “Burned Out”
6. Depressed Mood
7. Decreased Cognition
8. Decreased Muscle mass and strength
9. Decreased bone density
10. Anemia
11. Memory Lapse-Forgetfulness
12. Sleep Disturbances
13. Thinning skin & hair
14. Increased Urinary urgency
15. Decreased stamina
16. Decreased mental ability
17. Decreased flexibility
18. Aches & Pains
19. Heart Palpitations
20. Arthritis
21. Foggy thinking
22. Incontinence
23. Decrease Competitiveness
24. Loss of sense of security

## **(Testosterone Excess)**

1. Loss of Scalp Hair
2. Acne or increase in acne
3. Oily skin
4. Aggression & Irritability
5. Anxiety
6. Peach Fuzziness
7. Bossiness