

Andropausal Symptoms for Men **(Testosterone Deficiency)**

1. Decreased Libido
2. Erectile Dysfunction
3. Difficulty achieving orgasm
4. Diminished sexual penile sensation
5. Decrease energy
6. Increased Fatigue- feeling “Burned Out”
7. Depressed Mood
8. Decreased Cognition
9. Decreased Muscle mass and strength
10. Decreased bone density
11. Anemia
12. Low DHEA levels even after prescription
13. Memory Lapse-Forgetfulness
14. Sleep Disturbances
15. Thinning skin
16. Prostate problems
17. Decreased Urinary stream
18. Increased Urinary urgency
19. Decreased stamina
20. Decreased mental ability
21. Decreased flexibility
22. Aches & Pains
23. Heart Palpitations
24. Arthritis
25. Foggy thinking
26. Incontinence
27. Decrease Competitiveness

(Testosterone Excess)

1. Loss of Scalp Hair
2. Acne or increase in acne
3. Oily skin
4. Aggression & Irritability
5. Anxiety
6. Peach Fuzziness