

Signs & Symptoms of HGH

HGH Deficiency

1. Impaired psychological well-being
2. Poor general health
3. Less self-control
4. Depression
5. Increased anxiety
6. Less Vitality & energy
7. Impaired emotional reactions
8. Increased social isolation
9. Intensified jet lag effect
10. Resistant to new ideas & situations
11. Less lean body mass
12. Lower bone density
13. Decreased HDL cholesterol
14. Increased LDL cholesterol
15. Lower Basal metabolic rate
16. Reduced muscle & strength
17. Reduced immune function
18. Loss of skin tone
19. Decreased exercise/aerobic capacity

HGH Excess:

1. Tingling in extremities
2. arthritic-like pain
3. Fluid retention