

## Signs & Symptoms of DHEA

### DHEA Deficiency:

1. Stressed
2. Lack of stamina
3. Intolerance of loud noises
4. Constant fatigue
5. Poor mood
6. Decreased immunity
7. Memory loss
8. Lack of pubic hair
9. Poor sex drive
10. Dry skin & eyes
11. Poor abdominal muscle support

### DHEA Excess:

1. Oily skin
2. More hair growth
3. Facial hair
4. Edgy & Irritable